

**SPORT AND LEISURE FRAMEWORK**

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**1. EXECUTIVE SUMMARY**

- 1.1 The purpose of this report is to update Members on progress delivering the Sport and Leisure Framework 2015 – 2019 for Argyll and Bute. The framework replaced the previous Sport and Physical Activity Strategy and acts as the overarching plan across a wide range of services.
- 1.2 The Framework was developed in partnership with **sportscotland** and other partners, including significant input from staff within the NHS.
- 1.3 The aim of the Framework is to provide the focus and strategic approach to ensure that Argyll and Bute Council continues to maintain and develop services which improve the overall sport outcomes, health, fitness and general wellbeing of our communities.
- 1.4 This updated strategic approach is designed to ensure that the vision, mission, values and priorities of the Sport and Leisure Framework ensure that all partners work together to deliver the outcomes of Argyll and Bute's Single Outcome Agreement (SOA) 2013 – 2023.
- 1.5 Significant progress has been made to deliver the outcomes of the Framework which has achieved recognition nationally as being an example of best practice.
- 1.6 It is recommended the Community Services Committee:
  - a) Note the progress in delivering the aims of the Sport and Leisure Framework.
  - b) Note that a strategic health and physical activity forum is crucially important and that this is effectively managed and resourced. This will ensure that all opportunities to help people live active, healthy lives are well planned and delivered through partnership working.

- c) Agree that the priority goals and outcomes of the Framework support the outcomes of the SOA and that a monitoring and reporting process is maintained to ensure that performance monitoring is accurate, current and widely shared with Community Planning and other relevant partners.

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**2. INTRODUCTION**

- 2.1 There have been significant changes in the strategic and operational environment for sport and leisure both within Argyll and Bute and nationally. These include the challenging financial position for the public sector, Health and Social Care integration and the important role of the Argyll and Bute SOA in defining a clear set of overarching outcomes.

**3. RECOMMENDATIONS**

It is recommended that the Community Services Committee:

- a) Note the progress in delivering the aims of the Sport and Leisure Framework.
- b) Note that a strategic health and physical activity forum is crucially important and that this is effectively managed and resourced. This will ensure that all opportunities to help people live active, healthy lives are well planned and delivered through partnership working.
- c) Agree that the priority goals and outcomes of the Framework support the outcomes of the SOA and that a monitoring and reporting process is maintained to ensure that performance monitoring is accurate, current and widely shared with Community Planning and other relevant partners.

**4. DETAIL**

- 4.1 Since Council approval of the Sport and Leisure Framework in November 2015 a number of Planning and Delivery groups have been set up and good progress has been made to ensure joined up working and strategic planning with a wide range of internal and external partners. Action Plans and key performance measures are in place to track improvements and demonstrate impact in order to clearly support the outcomes of the SOA.

- 4.2 These groups included representatives from the NHS, Education service, sportscotland, National Governing Bodies (NGB) of sport, 3<sup>rd</sup> sector and others. Their contribution ensures the consideration and inclusion of the wider health and well-being requirements of communities across all age ranges and physical abilities.
- 4.3 Recognising the constraints on budgets and resources, a critical aspect of the Framework development was recognition and agreement of what activities and outcomes were within the scope of the council's service delivery and that of partners, or out with the scope of the plan completely.
- 4.4 In developing the Framework the strategic priorities were identified as:
- Recognise the potential of Argyll and Bute
  - Recognise the range of ways people can get involved in physical activity and sport
  - Influence how people feel about physical activity and sport
  - Be clear about where sport can happen
  - Match opportunities to abilities
  - Contain a clear expression of ambition
  - Provide direction and accountability
  - Maximise use of shared resources.
- 4.5 There have been a number of tangible achievements in sport and leisure outcomes which are unlikely to have occurred without the Framework being in place.
- Healthy Living Coordinator pilot post in Helensburgh and Lomond.
  - Increased resources directed to sport in Argyll and Bute by NGBs with **sportscotland** assistance. This includes staffing resources from NGB Regional Managers to assist with Club Development Programmes and financial support towards Coach Education courses.
  - Development of PE, Physical Activity and Sport (PEPAS) group led by education and delivering to national priorities for education.
  - PEPAS survey distributed to all Head Teachers to assess gaps, opportunities and current best practice. The PEPAS Planning and Delivery Group is currently analysing the survey results to develop an Action Plan and to share good practice identified across all schools.
  - Five Leisure fitness staff trained in falls prevention and eight in exercise referral.
  - Increase in shared knowledge and planning across services.
  - Formation of an inter – agency group to provide enhanced opportunities for children with additional support needs to be

physically active. Addressing the high priority commitment for Equalities by the council and sportscotland.

## **5. CONCLUSION**

- 5.1 The Sport and Leisure Framework provides a concise, realistic, inclusive and flexible plan for sport and physical activity across Argyll and Bute. It recognises the constraints that exist but has a clear focus on partnership working to maximise all the available resources, facilities and skills to deliver the best possible service. It aims to increase physical activity for all and nurture ambition and talent for our athletes.

## **6. IMPLICATIONS**

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|--------------------------------|---|
| <b>6.1 Policy</b>              | The improved joint working and planning, delivery and enhanced opportunities for physical activity meet a number of the outcomes of the SOA and other relevant plans. |
| <b>6.2 Financial</b>           | Sharing of resources has been enhanced through joint working, otherwise there will be no financial implication.   |
| <b>6.3 Personnel</b>           | None  |
| <b>6.4 Equal Opportunities</b> | This proposal complies with the Council's policy on Equalities  |
| <b>6.5 Risk</b>                | The Framework has been developed to reflect the realistic ability to deliver outcomes and can be amended if circumstances change materially.                          |
| <b>6.6 Customer Services</b>   | Customer service will be enhanced through more joined up working and improved communication and engagement.   |

**Ann Marie Knowles**  
**Acting Executive Director Community Services**

**Councillor Robin Currie Policy Lead for Gaelic, Community & Culture  
and Strategic Housing**

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**For more information contact:**

**Nicola Hackett**  
**Active Schools Manager**  
**01369 708667**

**Donald MacVicar**  
**Head of Community and Culture**  
**Tel: 01546 604364**